HOME ECONOMICS YEAR 12 WORKSHEET 10

You can write your answers on this paper if you have printed this worksheet and paste it in your exercise book or answer in your exercise book or activity book by writing down both questions and answers.

SHORT ANSWER QUESTIONS			(10 marks)
Kitchen Safety, Hygiene and Management			
(a)	Explain one feature of an industrial kitchen.		(2 marks)
What is Food?			
(b)	(i)	Define Food choice.	(1 mark)
	(ii)	Emily, a Year 12 Home Economics student makes sure she takes a balanced lunch pack to school every day since she is very cautious of her diet. State the factor that influenced her food choice.	(1 mark)
(c)	Explain how festivals such as the Hibiscus Festival influence a Family's food choice.		(2 marks)
Diet and Health			
(d)	Explain the importance of water in the diet in relation to digestion and excretion.		(2 marks)
(e)	Explain one way fat soluble nutrients are lost during food preparation.		(2 marks)
Food Supply			
(a)	State one advantage of having the knowledge on modern farming methods.		(1 mark)
(b)	Explain the effect of Food Policies on food supply in a country.		(2 marks)
Food Preservation			
(c)	(i)	Name one food preservative used in domestic food preservation.	(1 mark)
	(ii)	Explain one adverse effect of using commercial preservatives.	(2 marks)
Food Planning and Product Development			
(d)	You have been asked to assist your form teacher to cater for a fundraising dinner for your Form comprising of a buffet . Using the space allocated in the Answer Booklet , plan a menu suitable for the occasion.		(3 marks)
(e)	State the effect of basting on roasted products. THE END		(1 mark)